

## How to upcycled a t-shirt into a dog toy



Note: upcycling means giving new life to something that can't be used for its original purpose anymore. In other words, don't use a t-shirt that still has life in it.

The larger the shirt the better—men's sizes work best. Lay the t-shirt flat and cut off the lower half, from under arms to bottom (see dotted line in pic, left).



If t-shirt has no side seams, you can make t-shirt yarn (see pics, left), by creating a starting point and cutting around and around, like coring an apple. If t-shirt has seams (or you don't feel like making yarn), cut the seams off then cut the two rectangles into long strips. Holding both ends of a strip, pull taut and strip should roll up (see pic, right).



Repeat process until you have 21 strips (or any multiple of 3); the more strands, the fatter the toy will be, but it also gets harder to braid.

Gather strips and tie at one end.



Pull each strand until the knot at the top is as tight as possible. Don't worry about lengths being uneven. You'll trim later. Pull strands from above and beneath the knot. (see pic, left)



Divide strands into three sections and braid tightly. When braid is complete, tie another knot at the bottom. Trim ends so they're even and you're done.

Find a puppy and enjoy!

